

PLEASE SELECT YOUR MENU ITEM AND EMAIL SJRSports@HOTMAIL.COM - FOOD ORD ANY FOOD ALLERGIES THAT HAVE BEEN COMMUNICATED VIA THE BOOKING FORM HAV

Summer HAF Menus

		tue	wed
WK1		26-Jul	27-Jul
main		Pasta Bolognaise	roast gammon
veg option		Ton & Veg Pasta	Quorn Roast
WK2		02-Aug	03-Aug
main		Macaroni Cheese	Roast Chicken
veg option		Macaroni Cheese	Quorn Roast
Wk3		09-Aug	10-Aug
Main		Cheese & Ham Pasta Bake	Roast Beef
Veg Option		Cheese & Tom Pasta Bake	Quorn Roast
WK5		23-Aug	24-Aug
main		Macaroni Cheese	Roast Chicken
veg option		Macaroni Cheese	Quorn Roast

All Hot meals include Drink, Yogurt, Fruit

Cold Meal Options (Ham, Cheese , Choc Spread Roll) with Drink, Crisps, Yogurt, Raisens & Fruit

ORDERS MUST BE RECEIVED BEFORE THE START OF THE COURSE DAY TO ENSURE THEY CAN BE MADE. ORDERS HAVE NOT YET BEEN PASSED ON TO THE PROVIDER

thur	fri
28-Jul	29-Jul
chicken curry & rice	fish fingers & chips
Veg Curry & Rice	Veg Sticks & chips
04-Aug	05-Aug
Cottage Pie	Fish Cakes and Chips
Quorn Cottage Pie	Veg Sticks & Chips
11-Aug	12-Aug
Beef Chilli & Rice	Fish & Chips
Veg Chilli & Rice	Veg Bites & Chips
25-Aug	26-Aug
Cottage Pie	Fish Cakes and Chips
Quorn Cottage Pie	Veg Sticks & Chips



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